

Riding a motorcycle, whether you're a new or seasoned rider, comes with a lot of responsibility. We've put together some safety tips that will make you feel more prepared before you ride, and help keep you safer while out on the open road!

**PRE-RIDE CHECKLIST**

License
Insurance
Owner's Manual
Small Tool Kit
Check engine and mirrors

**Gear Up**

Wear a helmet, eye protection, a sturdy jacket, long pants, boots, gloves, and bright colors

Distance Yourself

Give yourself space and reaction time. About **75%** of all motorcycle accidents involve collisions with cars.

**Ride Sober**

Over **40%*** of all fatal motorcycle accidents involve alcohol or drugs

**Slippery When Wet**

Be extra cautious on wet pavement as it can be very slick

**Know the Law**

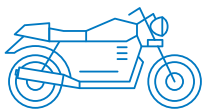
Motorcycle operating regulations may differ across the country

Safety First

With a Foremost policy, we offer discounts for things like Safety Courses and Safety Equipment

THE ESSENTIALS**Don't Forget:**

Snacks
Phone charger
Water
Sunscreen
Lip balm



The AARP[®] Motorcycle Insurance Program from Foremost is built for all kinds of riders and bikes, including: Cruiser, Touring, Standard, Trike, Custom and Vintage.

* Source: NHTSA's National Center for Statistics and Analysis

Not all products, coverages and discounts are available in all areas.

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